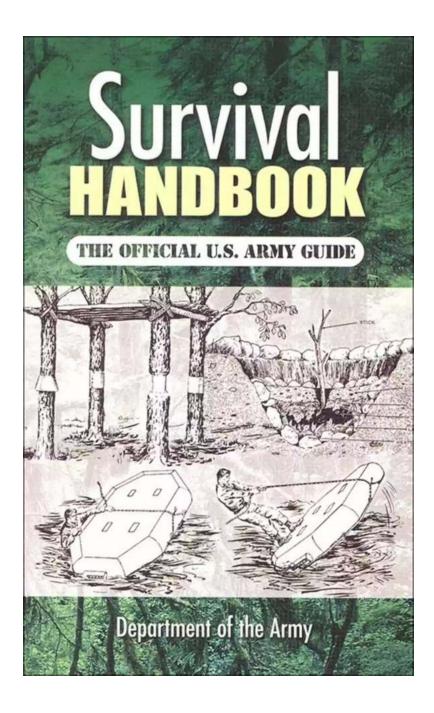
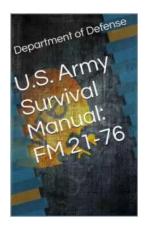
## **The Ultimate Army Survival Manual: FM 21-76**



The Army Survival Manual, officially known as Field Manual 21-76, is an invaluable resource for anyone facing the challenges of surviving in harsh conditions, especially in combat zones.

Why FM 21-76 is an Essential Guide

Whether you are a military service member, an outdoor enthusiast, or someone looking to expand their survival skills, the Army Survival Manual offers a wealth of knowledge and practical advice.



#### U.S. Army Survival Manual: FM 21-76

by Yves Porter(Kindle Edition)

**★** ★ ★ ★ 4.5 out of 5 Language : English File size : 13337 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 238 pages Lending : Enabled



The manual covers a wide range of topics, providing detailed instructions on how to survive in various environments, from deserts to jungles, and from mountains to the arctic regions. It equips individuals with the necessary skills to overcome adversity in hostile situations.



#### **Key Sections of FM 21-76**

Within the Army Survival Manual FM 21-76, you will find information on:

#### 1. Surviving the Wild

This section focuses on essential survival techniques applicable in any wilderness setting. It covers topics like building shelters, finding food and water, making fire, and navigating without a compass. Detailed illustrations and step-by-step instructions make it easy to comprehend and implement these skills.

### 2. Medical Aid and Hygiene

In combat zones, access to medical assistance may be limited. This section provides guidance on tending to injuries, addressing illnesses, and maintaining

proper hygiene in austere environments. From treating wounds to identifying and preventing common diseases, this knowledge may prove critical in saving lives.



#### 3. Navigation and Signaling

When your life depends on it, the ability to navigate accurately is paramount. FM 21-76 offers comprehensive guidance on reading maps, using a compass, and employing various signaling techniques. With this knowledge, you can find your way, make accurate assessments, and communicate with potential rescuers.

#### 4. Food Procurement

Without access to regular food supplies, knowing how to hunt, trap, and gather food becomes essential. This section of the manual delves into various methods

of obtaining sustenance from the environment. By understanding the principles of hunting and foraging, you can increase your chances of survival.



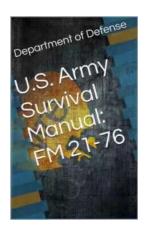
#### **A Comprehensive Guide for All Situations**

FM 21-76 is designed to equip soldiers with the tools necessary to survive in combat, but its applications extend far beyond military environments. These survival techniques are equally valuable for civilians facing natural disasters, outdoor enthusiasts embarking on challenging adventures, or anyone looking to enhance their preparedness for unexpected emergencies.

The Army Survival Manual FM 21-76 is an indispensable guide that imparts crucial knowledge to those facing extreme conditions. By acquiring the skills outlined in this manual, you will be better equipped to tackle the challenges that come your way, ensuring your survival even in the harshest environments.

#### **Get Your Copy Today!**

Start your journey towards becoming a survival expert by obtaining your very own copy of the Army Survival Manual FM 21-76. Equip yourself with the knowledge and skills needed to overcome the toughest challenges and emerge victorious no matter where you find yourself.



#### U.S. Army Survival Manual: FM 21-76

by Yves Porter(Kindle Edition)

**★** ★ ★ ★ 4.5 out of 5 Language : English File size : 13337 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 238 pages Lending : Enabled



#### Chapter 1

**Survival Actions** 

Pattern for Survival

Chapter 2

**PSYCHOLOGY OF SURVIVAL** 

A Look at Stress

**Natural Reactions** 

**Preparing Yourself** 

#### Chapter 3

#### SURVIVAL PLANNING AND SURVIVAL KITS

Importance of Planning

Survival Kits

Chapter 4

BASIC SURVIVAL MEDICINE

Requirements for Maintenance of Health

Medical Emergencies

Lifesaving Steps

Bone and Joint Injury

Bites and Stings

Wounds

**Environmental Injuries** 

Herbal Medicines

Chapter 5

SHELTERS

Primary Shelter—Uniform

Shelter Site Selection

Types of Shelters

Chapter 6

WATER PROCUREMENT

Water Sources

Still Construction

Water Purification

Water Filtration Devices

Chapter 7

**FIRECRAFT** 

Basic Fire Principles

Site Selection and Preparation

Fishing Devices

Cooking and Storage of Fish and Game

Chapter 8

FOOD PROCUREMENT

Animals for Food

Other Expedient Weapons

Cordage and Lashing

**Rucksack Construction** 

Clothing and Insulation

Cooking and Eating Utensils

Chapter 9

SURVIVAL USE OF PLANTS

**Edibility of Plants** 

Plants for Medicine

Miscellaneous Uses of Plants

Chapter 10

POISONOUS PLANTS

How Plants Poison

All About Plants

Rules for Avoiding Poisonous Plants

Contact Dermatitis
Ingestion Poisoning

Chapter 11

DANGEROUS ANIMALS

Insects and Arachnids

Leeches

Bats

Venomous Snakes

Snake-Free Areas

**Dangerous Lizards** 

Dangers in Rivers

Dangers in Bays and Estuaries

Saltwater Dangers

Other Dangerous Sea Creatures

Chapter 12

FIELD-EXPEDIENT WEAPONS, TOOLS, AND EQUIPMENT

Staffs

Clubs

**Edged Weapons** 

Fire Material Selection

How to Build a Fire

How to Light a Fire

Chapter 13

**DESERT SURVIVAL** 

Terrain

**Environmental Factors** Need for Water **Heat Casualties** Precautions Desert Hazards Chapter 14 TROPICAL SURVIVAL **Tropical Weather** Jungle Types Travel Through Jungle Areas **Immediate Considerations** Water Procurement Food Poisonous Plants Chapter 15 **COLD WEATHER SURVIVAL** Cold Regions and Locations Windchill Basic Principles of Cold Weather Survival Hygiene **Medical Aspects** Cold Injuries Shelters Fire Water Food

Travel

Weather Signs

Chapter 16

SEA SURVIVAL

The Open Sea

Seashores

Chapter 17

**EXPEDIENT WATER CROSSINGS** 

Rivers and Streams

Rapids

Rafts

**Flotation Devices** 

Other Water Obstacles

**Vegetation Obstacles** 

Chapter 18

FIELD-EXPEDIENT DIRECTION FINDING

Using the Sun and Shadows

Using the Moon

Using the Stars

Making Improvised Compasses

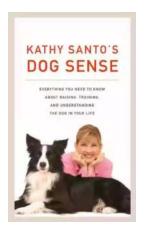
Other Means of Determining Direction

Chapter 19

SIGNALING TECHNIQUES

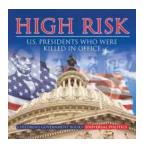
Application

Means for Signaling



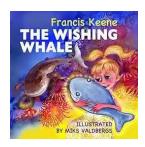
### Kathy Santo Dog Sense Kathy Santo - Unlocking the secrets of dog behavior

Are you a dog lover who wants to better understand your furry friend's behavior? Look no further! Kathy Santo, a highly respected dog trainer and...



# 10 Presidents Who Were Killed In Office - Shocking Truth Revealed!

Throughout history, the role of a president has been filled with power, ambition, and danger. While they carry the weight of the nation on their shoulders, presidents also...



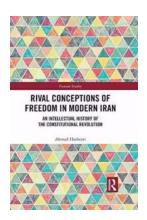
# Unveiling a World of Magic: Beautifully Illustrated Bedtime Stories for Beginner Readers with Fantasy Animals and Rhyming

Bedtime stories have always held a sense of wonder and magic for young children. They transport them to far-off lands, introducing them to captivating...



### The Blind Parables: An Anthology Of Poems

For centuries, poetry has been a medium for expressing emotions, thoughts, and experiences. It transcends the boundaries of language and connects with people...



### **Rival Conceptions Of Freedom In Modern Iran**

The Struggle for Freedom in Iran Iran, a country with a rich history and culture, has experienced various political, social, and cultural changes...



# Advances In Their Chemistry And Biological Aspects

In recent years, significant advances have been made in understanding the chemistry and biological aspects of a certain species. Scientists and...



# **Getting Into Mini Reefs For The Marine Aquarium**

Are you interested in enhancing the beauty of your marine aquarium with mesmerizing minireefs? Mini reefs are a fantastic addition to any aquarium setup, offering a...



# **Exploring the Intriguing Connection Between History, Religion, and the Chinese Martial Arts**

When one thinks of Chinese martial arts, popular images of intense training, powerful strikes, and legendary fighters often come to mind. However, beneath the...