

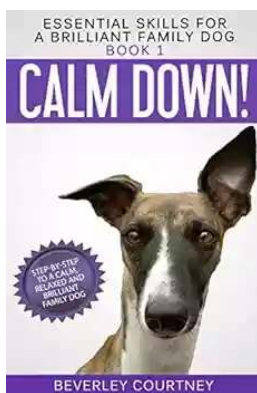
Step By Step To Calm, Relaxed, and Brilliant Family Dog: Essential Skills For Success

Having a calm, relaxed, and well-behaved family dog is the dream of every pet owner. A furry companion who can effortlessly blend into your daily routines, be comfortable around strangers, and behave brilliantly in any environment is a delight to have.

Training your dog and instilling essential skills is crucial to achieving this dream. In this article, we will guide you through the step-by-step process of turning your pup into a calm, relaxed, and brilliant family dog. Along the way, we will highlight the essential skills that will contribute to their success.

The Importance of Training

Training a dog is more than just teaching them basic commands. It is a way of establishing a strong bond, improving communication, and ensuring the overall well-being of your four-legged friend. A well-trained dog is less likely to exhibit behavioral problems, making them more enjoyable to be around.



Calm Down!: Step-by-Step to a Calm, Relaxed, and Brilliant Family Dog (Essential Skills for a Brilliant Family Dog Book 1) by Beverley Courtney(Kindle Edition)

★★★★☆ 4.2 out of 5

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Step 1: Positive Reinforcement

The foundation of successful dog training lies in positive reinforcement. Dogs, like humans, respond best to encouragement, rewards, and praise. Using treats, toys, and verbal affirmations, you can reinforce desired behaviors and discourage negative ones. This approach not only motivates your dog but also strengthens your relationship with them.

Essential Skill: Basic Commands

Teaching your dog basic commands such as sit, stay, down, come, and leave it is essential for their safety as well as your peace of mind. These commands form the building blocks of obedience and can help prevent your dog from getting into potentially dangerous situations.

Step 2: Socialization

Socializing your dog from an early age is crucial for their development. Introduce them to different people, animals, and environments to help them feel comfortable in various situations. This exposure helps them become well-rounded and less likely to exhibit fear or aggression towards strangers or other pets.

Essential Skill: Leash Walking

Teaching your dog to walk calmly on a leash is a fundamental skill that will make your daily walks enjoyable. Invest in a sturdy leash and use positive reinforcement to encourage loose leash walking. With practice, your dog will learn to walk beside you without pulling or lunging, making your outings stress-free.

Step 3: Distraction Training

Dogs can get easily distracted, making it challenging to keep them focused in various environments. Training your dog to maintain concentration amidst distractions is a vital skill for their success. Start with basic commands in a quiet environment, gradually introducing distractions such as toys or other people. Reward their ability to stay focused and ignore distractions.

Essential Skill: Recall

Recall or coming when called is one of the most valuable commands you can teach your dog. In emergency situations or when they are off-leash, a reliable recall can potentially save their life. Practice in controlled environments and gradually increase the distractions to ensure your dog responds promptly to your command.

Step 4: Crate Training

Crate training is not only useful for toilet training but also provides your dog with a safe space where they can relax and unwind. Introduce your dog to their crate gradually, using positive reinforcement, treats, and comfort items. This step-by-step process will help your dog associate the crate with positive experiences, ensuring they willingly enter and stay calm inside.

Essential Skill: Settling Down

Teaching your dog to settle down on cue is essential for both their well-being and your convenience. Whether at home or in public spaces, being able to calmly lie down and relax is a valuable skill. Practice in various locations and reward your dog for staying calm and composed.

Step 5: Advanced Training

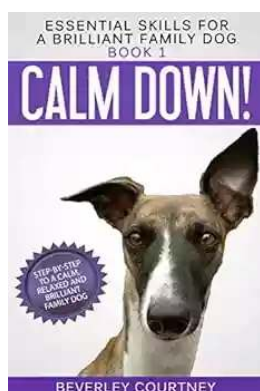
Once your dog has mastered the essential skills, you can move on to more advanced training. This can include tricks, agility training, or specific tasks

depending on your dog's interests and abilities. Advanced training keeps your dog mentally stimulated and further strengthens your bond with them.

Essential Skill: Leave it

Teaching your dog to leave items alone when commanded is vital for their safety. From toxic substances to potentially harmful objects, having control over their impulse to grab or eat things can prevent accidents and injuries. Use positive reinforcement to teach the "leave it" command and gradually increase the difficulty of the objects.

Transforming your dog into a calm, relaxed, and brilliant family member requires time, patience, and consistent training. By following these step-by-step guidelines and focusing on the essential skills mentioned, you can ensure success in your dog's development. Remember to stay positive, be patient, and celebrate every milestone achieved. With dedication and love, your furry friend will become an integral part of your happy family.



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Is your dog driving you mad?

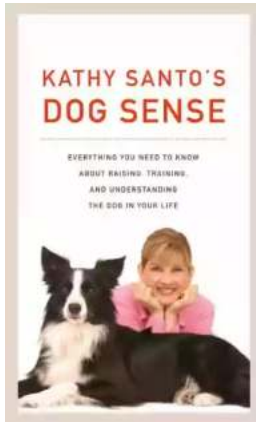
Learn how to

- find your dog's off-switch
- enjoy a calm visit to a cafe or pub
- reach your dog's mind without losing yours
- enjoy your dog again!

Instead of saying "This is what you do," then leaving you to it, Beverley takes you by the hand and troubleshoots all the games so that you can get them absolutely right. And the joy is that this is all achieved without shouting, force, or intimidation. Just pure undiluted fun!

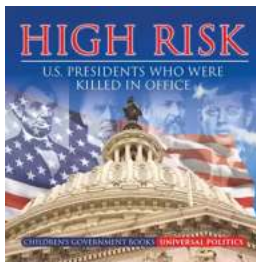
There's no strange jargon, no "Thou shalt not's", and every time you get stuck, another solution pops up. Her years of experience in face-to-face classes as well as her online programs shine through. Having taught thousands of new owners how to work with their puppies and dogs - entirely without force - Beverley knows just what you're up against!

Get Book 1 in the series of Essential Skills for a Brilliant Family Dog and learn how to get what you want from your dog, as it sends him off to sleep for you - zzzzzz!



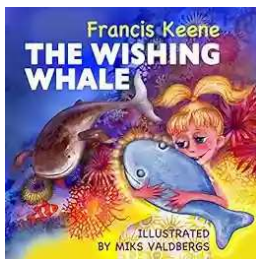
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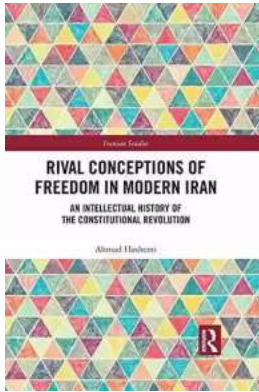
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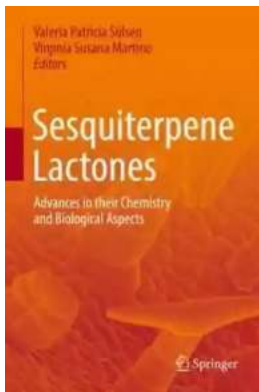
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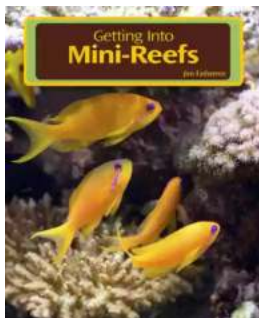
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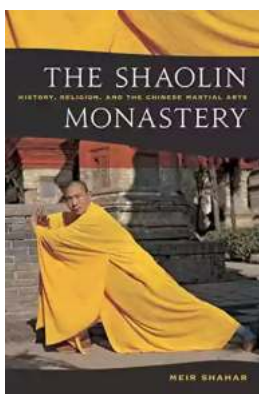
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