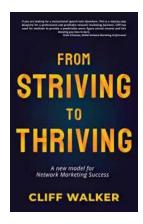
# From Striving To Thriving: Unleashing Your Full Potential



Do you find yourself constantly striving for success, but never truly feeling fulfilled? Are you tirelessly chasing after material wealth, job promotions, or societal approval? If so, it may be time to shift your mindset from striving to thriving.

#### What Does It Mean to Strive?

In today's fast-paced and competitive world, striving has become a predominant theme in many people's lives. To strive means to make great efforts to achieve or obtain something. It often involves setting ambitious goals, pushing yourself to the limit, and constantly seeking external validation.



## From Striving to Thriving: A new model for Network Marketing Success

by Gerardus Blokdyk(Kindle Edition)

**★** ★ ★ ★ 4.7 out of 5 Language : English File size : 1017 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 156 pages Paperback : 312 pages

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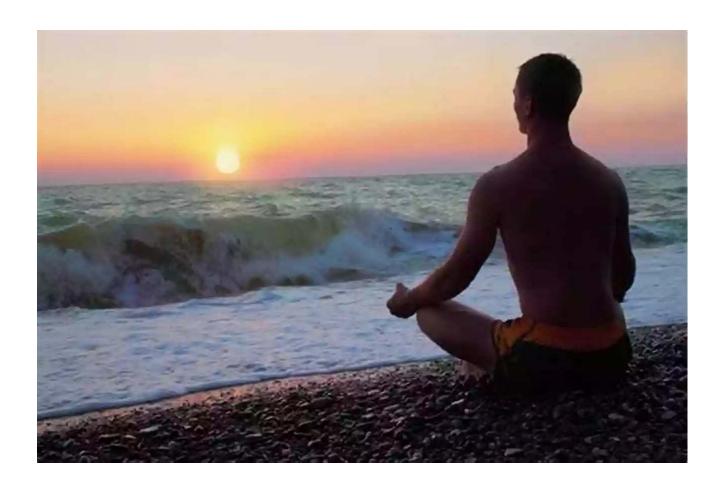
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While striving can lead to momentary achievements and recognition, it can also leave you feeling exhausted, stressed, and unfulfilled. The endless pursuit of external markers of success can create a never-ending cycle of dissatisfaction, as there will always be more to achieve or acquire.

#### **Thriving: Embracing Personal Growth and Fulfillment**

Thriving, on the other hand, is all about embracing personal growth, happiness, and fulfillment. It focuses on nurturing your inner self, finding meaning in the present moment, and aligning your actions with your values.



Thriving entails going beyond the surface level and finding joy in the journey rather than solely fixating on the final destination. It involves self-reflection, developing self-awareness, and cultivating a positive mindset. When you thrive, you prioritize your well-being, relationships, and the pursuit of passions and purpose.

#### **How to Shift from Striving to Thriving**

Shifting from striving to thriving requires a change in mindset and approach to life. Here are some strategies to help you make this shift and unlock your full potential:

Cultivate self-compassion: Instead of being overly critical of yourself,
 practice self-compassion and self-acceptance. Understand that mistakes and

setbacks are opportunities for growth.

- Reevaluate your values: Take time to reflect on your core values and ensure your actions align with them. Focus on what truly matters to you.
- Nurture your well-being: Prioritize self-care, exercise, and a balanced lifestyle. Take care of your physical, mental, and emotional health.
- Seek intrinsic motivation: Find joy and satisfaction in the process, rather than solely relying on external rewards. Set goals that are aligned with your passions and values, not just what society expects.
- Cultivate gratitude: Practice gratitude daily to shift your focus towards what you already have and appreciate the present moment.
- Build supportive relationships: Surround yourself with positive and supportive people who encourage your growth and well-being.

#### The Benefits of Thriving

By shifting your mindset from striving to thriving, you open yourself up to a world of benefits:

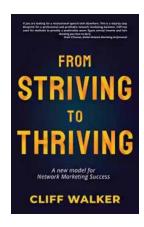
- Greater overall happiness and life satisfaction
- Reduced stress levels and improved mental well-being
- Increased fulfillment and meaning in life
- Enhanced self-confidence and self-esteem
- Improved relationships and connections
- Increased resilience to face challenges and setbacks
- Heightened creativity and innovation

Improved physical health and longevity

#### From Striving to Thriving: A Life-Changing Journey

The journey from striving to thriving is transformative. It involves letting go of societal expectations and redefining success on your terms. It requires self-reflection, courage to make changes, and consistent effort to cultivate a thriving mindset.

Remember, life is not just about the destination; it's about the experiences, growth, and joy you find along the way. Embrace the beauty of thriving and unlock your full potential.



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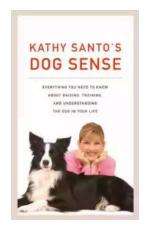


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Direct-to-consumer marketing, or as we know it, network marketing, is known to be one of the best business models available, and certainly the best model for those looking to start a business with low risk and unlimited upside potential. Designed to be a reference for business builders to refer to every single day, this is a practical detailed plan of action to help network marketers make money today—not in a year, not in five years. The advice is simple, the process is clear and can be used as a consistent guide on how to create a successful business using a specific system. It's not autobiographical and isn't based solely on the success of one individual. It is a combination of inspirational advice, specific guidance, a program, and pathway to success.

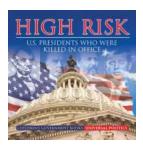
It is time to dive in and begin creating a business that can deliver on all the potential of network marketing and provide the life that you deserve. Cliff Walker is a world-renowned leader in Network Marketing, having built sales organizations in excess of 100,000 distributors throughout Europe and internationally. Prior to engaging in Network Marketing, Cliff worked for more than 20 years in the corporate world where he achieved a Senior Executive Management position with a multinational Company. His background includes Sales, Sales Management, Sales Recruitment and Sales & Management Training and Development.

Today, Cliff is a renowned coach and mentor, widely acclaimed for his no-hype and practical 'hands on' training style which teaches people exactly what they need to do to achieve rapid success in Network Marketing.



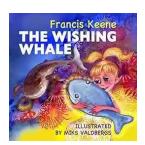
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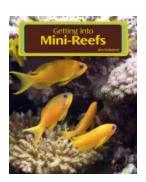
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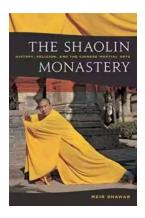
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