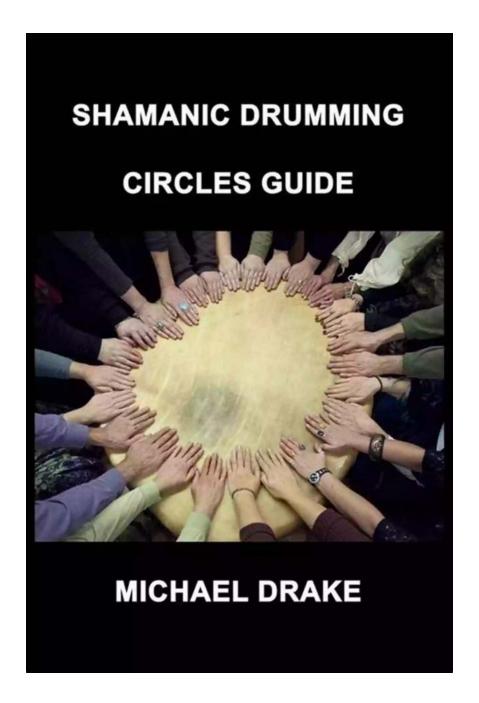
# Discover the Profound Healing Powers of Shamanic Drumming Circles with Michael Drake

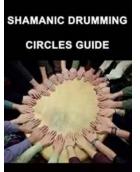


Would you like to embark on a journey of self-discovery, deep healing, and spiritual growth? Join Michael Drake, a renowned Shamanic Drumming Circles

Guide, as he takes you on an immersive experience that will leave you transformed. Through the powerful rhythms of the drum, Michael creates a sacred space for exploration and connection with the spirit world, allowing you to unlock your inner wisdom and access higher states of consciousness.

### to Shamanic Drumming Circles

Shamanic drumming circles are an ancient practice that has been used for centuries by indigenous cultures around the world. The drum acts as a bridge between the physical and spiritual realms, allowing the participants to enter a trance-like state where healing and transformation can occur. The repetitive rhythmic beats of the drum induce theta brainwave patterns, which promotes relaxation, meditation, and open channels for communication with the divine.



MICHAEL DRAKE

#### Shamanic Drumming Circles Guide

by Michael Drake(Kindle Edition)

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Language	: English
File size	: 2400 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 105 pages
Lending	: Enabled



Michael Drake, a dedicated practitioner and guide in this mystical tradition, has been leading shamanic drumming circles for over 25 years. His unique approach combines traditional shamanic techniques with modern psychology and neuroscience, resulting in a profound and effective healing modality. Michael's deep understanding of the power of sound and rhythm allows him to create a safe and nurturing space for participants to explore their inner worlds and tap into the infinite well of wisdom that lies within.

#### **Healing Benefits of Shamanic Drumming Circles**

The healing benefits of shamanic drumming circles are vast and encompass all levels of existence - physical, emotional, mental, and spiritual. By entering a trance state induced by the drumming, participants can access their subconscious mind and release deeply-held emotional wounds, traumas, and limiting beliefs. This process creates space for new insights, perspectives, and healing energies to enter their lives, leading to personal growth and empowerment.

Through shamanic journeying, a central aspect of these drumming circles, participants can connect with spirit guides, power animals, and ancestral helpers, who offer guidance, support, and profound wisdom. These encounters often provide clarity, direction, and a deeper understanding of one's life purpose. The spiritual dimension of the drumming circles promotes a sense of interconnectedness, unity, and harmony with the universe, allowing individuals to tap into their innate spirituality and expand their consciousness.

#### Michael Drake: A Guiding Light in the Shamanic Community

Michael Drake's contributions to the shamanic community are invaluable. As an author, drummer, and teacher, he has dedicated his life to preserving and sharing the ancient wisdom of the drumming circles. Michael has written several acclaimed books, including "The Shamanic Drum: A Guide to Sacred Drumming" and "The Shamanic Drumming Circles Guide." These works serve as essential resources for both beginners and experienced practitioners, offering insights into the history, techniques, and transformative power of shamanic drumming. In addition to his written works, Michael travels extensively, leading workshops and retreats worldwide. His teachings are rooted in authentic shamanic practices, emphasizing respect for indigenous traditions and the importance of ethical practices. Michael's workshops provide a safe and inclusive space where participants can learn the techniques of shamanic drumming, explore their own spiritual path, and connect with a supportive community of like-minded individuals.

#### Join a Shamanic Drumming Circle with Michael Drake

If you are ready to embark on a transformative journey of self-discovery and spiritual healing, consider joining a shamanic drumming circle guided by Michael Drake. You can find information about upcoming workshops, retreats, and events on his website and social media channels. Prepare to be immersed in the enchanting world of shamanic drumming and experience the profound healing and personal growth that await you.

Remember, the beat of the drum holds the key to unlocking the mysteries of your own soul. Allow Michael Drake to be your guide as you embark on this magical journey of healing, transformation, and spiritual awakening. Prepare to be amazed by the power of shamanic drumming circles and their ability to connect you with the vast realms of wisdom and healing that lie within.

SHAMANIC DRUMMING CIRCLES GUIDE



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Indigenous shamanic peoples of diverse cultures have gathered in community drumming circles for thousands of years. Although most of us did not grow up in an indigenous shamanic tradition, we can still tap into the healing power of shamanic drumming. Drawing upon twenty-five years of experience, shamanic practitioner Michael Drake has written a step-by-step guide to shamanic circling. In Shamanic Drumming Circles Guide, Drake offers some guidelines for anyone considering forming a shamanic drumming circle. The guidelines are also meant to help established drumming circles go deeper and become more effective. For anyone searching for a drumming circle, this guide can help you find the right circle for you.

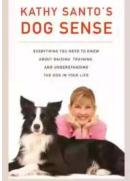
A shamanic drumming circle is a place for practitioners to get together for learning, healing, and the direct revelation of spiritual guidance. A drumming circle provides an opportunity to connect with your own spirit at a deeper level, and also to connect with a group of other like minded people. In a society in which traditional family and community-based systems of support have become increasingly fragmented, drumming circles provide a sense of connectedness with others and interpersonal support. Shamanic drumming circles serve many functions. Foremost among them are:

Providing a consistent, safe and supportive space to practice shamanism;
Deepening the participants' relationships with their helping spirits through shamanic practice;

Providing help, healing and support for individuals and for the community;Building and strengthening shamanic community;

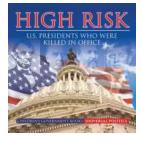
•Developing key drum skills such as rhythmicity, ensemble playing and therapeutic drumming;

•Acquiring shamanic knowledge through collaborative sharing and from helping spirits through direct revelation.



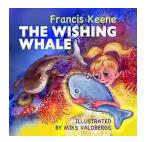
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