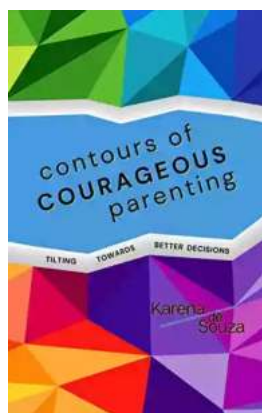


Contours Of Courageous Parenting Tilting Towards Better Decisions

Parenting is a journey that requires tremendous courage and determination. It is a rollercoaster ride filled with highs, lows, and unexpected twists and turns. As parents, we are tasked with making countless decisions every day that shape the lives of our children. These decisions can range from the mundane to the life-altering, and each one requires careful consideration.

One of the most important aspects of courageous parenting is the ability to make difficult decisions. Sometimes, these decisions may not always be popular or easy, but they are necessary for the well-being and growth of our children. Whether it's setting boundaries, enforcing discipline, or making tough choices about their education, courageous parents are willing to make the tough calls.

However, making courageous decisions as a parent does not mean being inflexible or rigid. It is about striking a balance between standing firm in our convictions and being open to new perspectives. Courageous parents understand that they do not have all the answers and are willing to seek guidance and support when needed.



Contours of Courageous Parenting: Tilting Towards Better Decisions

by Karena de Souza (Kindle Edition)

★★★★★ 5 out of 5

Language	: English
File size	: 16122 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 220 pages

Lending : Enabled
Screen Reader : Supported



Another important aspect of courageous parenting is the ability to let go and allow our children to take risks and make mistakes. It can be tempting as parents to want to shield our children from all harm and protect them from failure. However, by doing so, we deprive them of valuable learning experiences and the opportunity to develop resilience and independence.

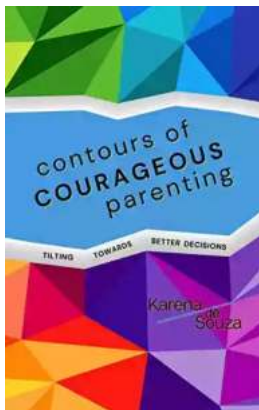
Courageous parents understand the importance of fostering a safe and supportive environment where their children are encouraged to explore their passions, take on challenges, and learn from their mistakes. They understand that mistakes are not failures but stepping stones towards personal growth.

Furthermore, courageous parenting also involves actively listening to our children and respecting their individuality. It is easy to impose our own expectations and desires onto our children, but true courage lies in accepting and supporting them for who they are, rather than who we want them to be. Our children are their own unique individuals with their own dreams and goals. Courageous parents celebrate their children's strengths and provide guidance to help them navigate their own path.

One of the challenges of courageous parenting is managing our fears and anxieties. It is natural for parents to worry about the safety and well-being of their children, but allowing these fears to consume us can hinder our ability to make rational decisions. Courageous parents acknowledge their fears but do not let

them dictate their actions. They strive to separate their own anxieties from what is truly in the best interest of their children.

, courageous parenting is about making tough decisions, finding a balance between firmness and flexibility, allowing our children to take risks, actively listening to their needs, and managing our own fears. It is a constant process of self-reflection, growth, and adaptation. While it can be challenging and overwhelming at times, the rewards of courageous parenting are immeasurable. Our children deserve parents who are willing to step out of their comfort zones and make decisions that support their well-being and growth.



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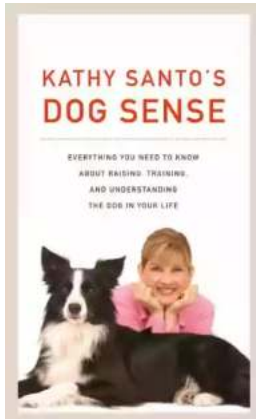
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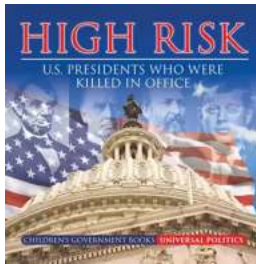
Contours of Courageous Parenting borrows stories from our journey travelling around the world with our three young children. This book shows how we can model confidence in the generation of tomorrow by including them in our daily decision process. Karena de Souza unpacks a strategic planning and decision process to help you make informed choices. Contours of Courageous Parenting

shares skills and tools to prevent you from procrastinating. If you are stuck in neutral it helps you shift gears, check signs and signals, and edge out towards quicker, better decisions. Whether you are a COO, team manager, grandmother, checkout clerk or lifeguard, this book is for all of us who make decisions daily. This book is not about learning to make decisions. It is about discovering the behaviours to make those same decisions more efficiently and effectively.



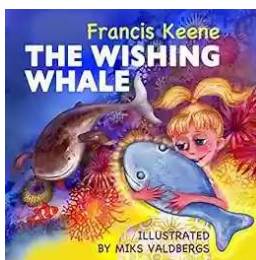
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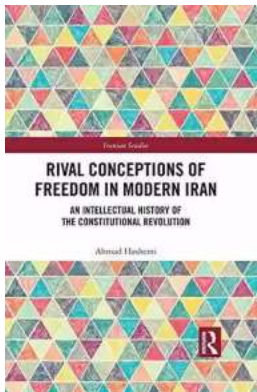
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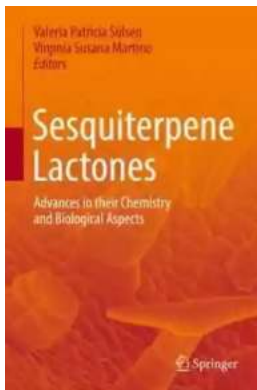
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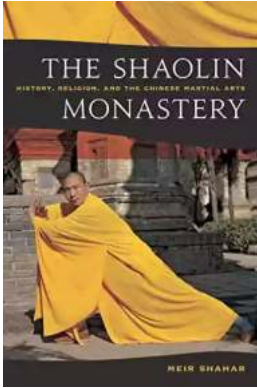
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