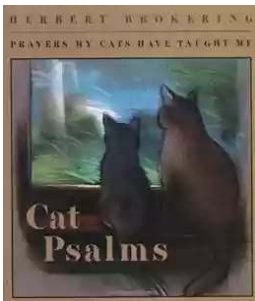


Cat Psalms Prayers My Cats Have Taught Me

When it comes to spirituality and finding peace within ourselves, cats can be great teachers. As mysterious and independent creatures, they possess a serene wisdom that often goes unnoticed. Through their actions and demeanor, cats have taught me invaluable life lessons that closely resemble prayers from the Psalms. In this article, I will delve into the profound insights I have gained from observing and living with my cats.

The Prayers of Solitude

Just like humans, cats need moments of solitude to rejuvenate their souls. Observing my cats as they gracefully explore their environment, I have learned the beauty of finding solace in quiet contemplation. Life can be overwhelming at times, and it is during these moments that I turn to the prayers of solitude that my cats have modeled for me. Their ability to completely immerse themselves in the present moment teaches me to let go of worries and embrace the stillness.



Cat Psalms: Prayers My Cats Have Taught Me

by Herbert F. Brokering(Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English

File size : 669 KB

Text-to-Speech: Enabled

Word Wise : Enabled

Print length : 66 pages

Screen Reader: Supported

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The Prayers of Playfulness

Cats, with their incredible agility and curiosity, remind us of the importance of playfulness. From chasing toys to wrestling with imaginary opponents, their boundless energy encourages us to maintain a childlike spirit. Playing with my cats has taught me to find joy in the simplest of things, and to not take life too seriously. These feline prayers of playfulness are a reminder of the vital balance between work and enjoying the present moment.



The Prayers of Nurturing

One of the most heartwarming prayers my cats have taught me is the prayer of nurturing. Witnessing their unconditional love and care for their young, I am reminded of the importance of compassion and empathy. As humans, we often get caught up in our own lives and forget to extend our love to those around us. The nurturing prayers of my cats remind me to prioritize connection and to be there for others in times of need.



The Prayers of Serenity

Cats possess an innate sense of peace and serenity. Their gentle presence and ability to find comfort in the smallest of places are prayers of tranquility that we can learn from. By observing my cats basking in the warmth of the sun or curling up in a cozy corner, I am reminded of the need for stillness and self-care. These prayers of serenity inspire me to create moments of calm in my own life, allowing me to recharge and find balance.



The Prayers of Curiosity

Curiosity is a powerful prayer that keeps our minds open to new possibilities and experiences. Cats, with their wide-eyed wonder and adventurous spirit, exemplify this prayer of curiosity. From exploring hidden corners to investigating every little noise, they remind me to approach life with a sense of wonder and to embrace

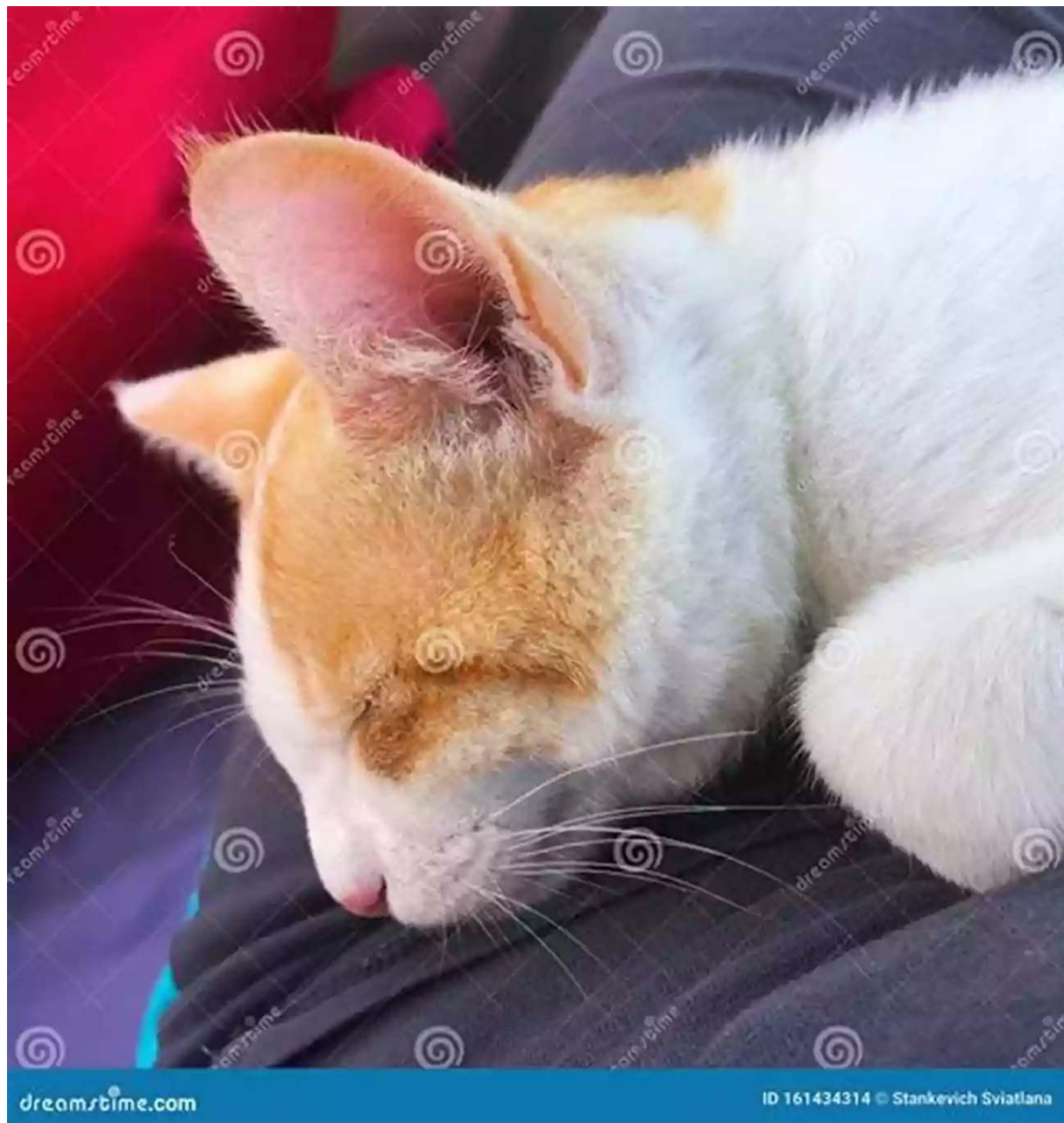
the unknown. By embracing the prayers of curiosity, I have discovered new passions and embarked on meaningful journeys.



The Prayers of Trust

Cats are known for their independent nature, yet they also know when to trust their human companions. Their unwavering trust in my care has taught me an invaluable prayer of trust. Regardless of the ups and downs of life, my cats have

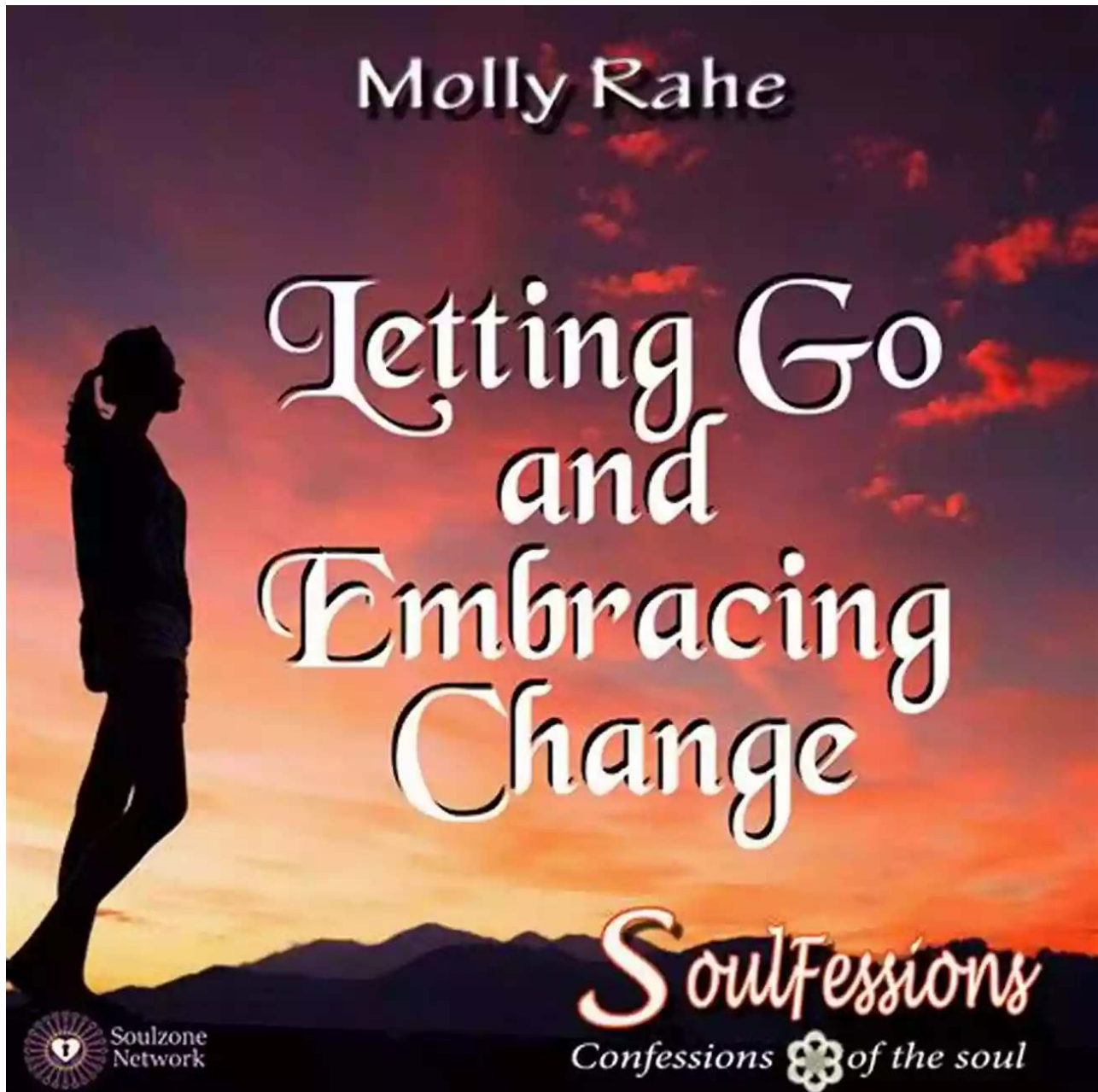
faith that I will provide for them and keep them safe. This prayer encourages me to cultivate trust in myself and in others, knowing that we are all interconnected and supported by something greater.



The Prayers of Letting Go

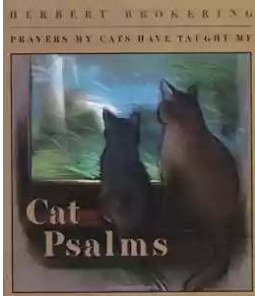
Lastly, cats have taught me the transformative power of letting go. Whether it's a simple mealtime routine or a habit that no longer serves them, cats effortlessly

embrace change. This prayer of letting go reminds me to release attachments and embrace the impermanence of life. By following their lead, I have found liberation from unnecessary burdens and gained a deeper appreciation for the present moment.



, my cats have been remarkable spiritual guides, teaching me prayers of solitude, playfulness, nurturing, serenity, curiosity, trust, and letting go. By observing their graceful existence, I have deepened my connection with the world around me

and discovered a renewed sense of spirituality. Let us learn from these amazing creatures and embrace the lessons they offer us, for the path they follow is one paved with wisdom and serenity.



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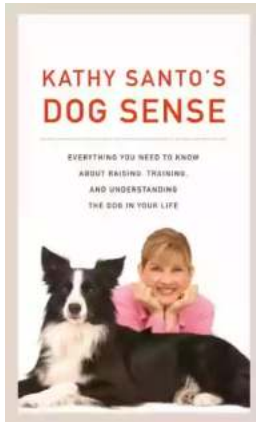
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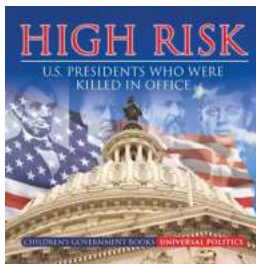


"Cats help me pray," writes Herbert Brokering. This collection of whimsical, insightful psalm-prayers is based on Brokering's observations of cats he has known throughout his life—farm cats, house cats, alley cats. Each psalm expresses an observation about a cat's nature, written in the "voice" of the cat, followed by a prayer in which the human spirit speaks of its cat-like nature to God. Cat Psalms is for those who wish to pray more deeply and with more imagination and understanding. It offers fresh ways to see ourselves and new ways to pray.



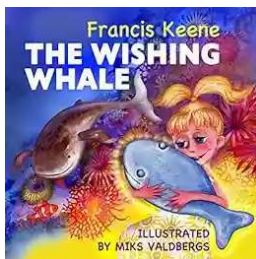
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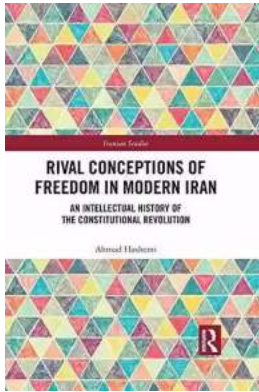
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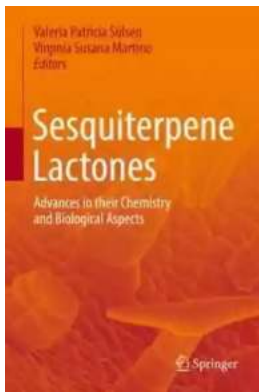
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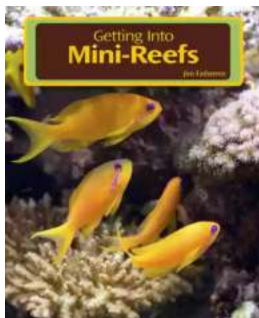
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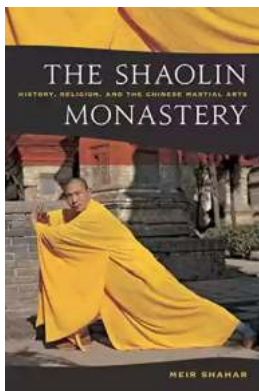
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