160 Stitch Patterns To Knit: Top Down, Bottom Up, Back and Forth, and In The Round

Knitting is an art form that allows for endless creativity and customization. Whether you are a seasoned knitter or just beginning, stitch patterns are a great way to add variety and visual interest to your projects. In this article, we will explore 160 stitch patterns that can be used for various knitting techniques, including top down, bottom up, back and forth, and in the round.

Top Down Stitch Patterns

When knitting from the top down, you start with the neckline and work your way down to the hem. This technique is commonly used for sweaters and other garments. Here are 40 stitch patterns that can be used for top-down knitting:

- 1. Garter Stitch
- 2. Stockinette Stitch
- 3. Rib Stitch
- 4. Seed Stitch
- 5. Lace Stitch
- 6. Cable Stitch

Bottom Up Stitch Patterns

Alternatively, when knitting from the bottom up, you start with the hem and work your way up to the neckline. This technique is often used for sweaters, dresses, and skirts. Here are 40 stitch patterns that can be used for bottom-up knitting:



Japanese Stitches Unraveled: 160+ Stitch Patterns to Knit Top Down, Bottom Up, Back and Forth, and In the Round (Stitch Dictionary)

by Wendy Bernard(Kindle Edition)

★★★★ 4.4 out of 5

Language : English

File size : 109322 KB

Screen Reader : Supported

Print length : 288 pages

Lending : Enabled



- 1. Garter Stitch
- 2. Stockinette Stitch
- 3. Rib Stitch
- 4. Seed Stitch
- 5. Lace Stitch
- 6. Cable Stitch

Back and Forth Stitch Patterns

Back and forth knitting refers to working in rows, moving from right to left for one row, and then from left to right for the next row. This technique is commonly used for scarves, blankets, and other flat items. Here are 40 stitch patterns that can be used for back and forth knitting:

- 1. Garter Stitch
- 2. Stockinette Stitch

- 3. Rib Stitch
- 4. Seed Stitch
- 5. Lace Stitch
- 6. Cable Stitch

In The Round Stitch Patterns

Knitting in the round involves working in a continuous spiral, without turning the work. This technique is commonly used for hats, socks, and seamless garments. Here are 40 stitch patterns that can be used for knitting in the round:

- 1. Garter Stitch
- 2. Stockinette Stitch
- 3. Rib Stitch
- 4. Seed Stitch
- 5. Lace Stitch
- 6. Cable Stitch

With 160 stitch patterns at your fingertips, the possibilities for your knitting projects are truly endless. Whether you prefer top down, bottom up, back and forth, or in the round knitting techniques, you have a plethora of stitch patterns to choose from. Experiment, mix and match, and let your creativity soar! Happy knitting!

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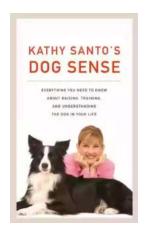
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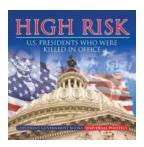


Japanese stitch patterns are eye-catching and much sought after by devotees, but before now, they often seemed out of reach, whether locked behind Japanese-only instructions or tangled up in difficult-to-decipher illustrations. Japanese Stitches Unraveled offers 150 rare patterns inspired by these elusive and intricate Japanese stitch designs, along with fully illustrated charts, familiar symbols, and clear instructions for every single stitch. Each stitch pattern receives Bernard's unique four-direction makeover—topdown, bottom-up, back-and-forth, and in-the-round. To showcase the knitting in action, Bernard also includes instructions for six garments as well as her famous formulas for knitting without a pattern.



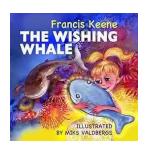
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